

Internationale Vereinbarungen und Vorgaben von WHO und UNICEF

(chronologisch geordnet)

- Innocenti-Deklarationen (2005 und 1990)
- Global Strategy for Infant and Young Child Feeding (2003)
- UN-Konvention über die Rechte des Kindes (1989)
- Gemeinsame WHO/UNICEF-Erklärung zur Rolle des Gesundheitspersonals bei der Stillförderung (1989)
- EACH-Charta des Kindes im Krankenhaus (1988)
- Internationaler Kodex zur Vermarktung von Muttermilchersatzprodukten (1981) und die relevanten WHA Folgeresolutionen

Empfehlungen der WHO/UNICEF-Initiative „Babyfreundlich“

(mit Referenzen)

- Empfehlung zur Bindungsförderung bei Kaiserschnitt-Entbindung
- Empfehlung Mütterfreundliche Geburtsbetreuung
- Empfehlung zur Stilldauer
- Medizinische Gründe für das Zufüttern – Adaptierte Übersetzung der WHO-Empfehlung „Acceptable medical reasons for supplementation“
- Schmerzlinderung bei Routineeingriffen in „Babyfreundlichen Geburts- und Kinderkliniken“
- Zweiter Kommentar und Bibliographie zur Information „Gemeinsames Schlafen im Elternbett“

Berichte, Aufsätze, Studien

(alphabetisch geordnet)

- Academy of Breastfeeding Medicine. ABM Clinical Protocol #25: Recommendations for preprocedural fasting for the breastfed infant: "NPO" Guidelines. Breastfeed Med. 2012 Jun;7(3):197-202
- Academy of Breastfeeding Medicine. ABM clinical protocol #10: breastfeeding the late preterm infant (34(0/7) to 36(6/7) weeks gestation) (first revision June 2011). Breastfeed Med. 2011 Jun;6(3):151-6

Referenzen

- Academy of Breastfeeding Medicine. Educational objectives and skills for the physician with respect to breastfeeding. *Breastfeed Med.* 2011 Apr;6(2):99-105
- Academy Of Breastfeeding Medicine Protocol Committee. ABM Clinical Protocol #9: Use of galactogogues in initiating or augmenting the rate of maternal milk secretion (First Revision January 2011). *Breastfeed Med.* 2011 Feb;6(1):41-9
- Academy of Breastfeeding Medicine Protocol Committee. ABM clinical protocol #23: Non-pharmacologic management of procedure-related pain in the breastfeeding infant. *Breastfeed Med.* 2010 Dec;5(6):315-9
- American Academy of Pediatrics, Section on Breastfeeding. Policy Statement (2012): Breastfeeding and the Use of Human Milk. *peds.2011-3552*. *Pediatrics*; originally published online February 27, 2012, DOI: 10.1542/peds.2011-3552
- Bartok CJ, Ventura AK. (2009): Mechanisms underlying the association between breastfeeding and obesity. *Int J Pediatr Obes.* 2009; 4 (4): 196-204. doi: 10.3109/17477160902763309.
- Becker GE, Remington S, Remington T. (2011): Early additional food and fluids for healthy breastfed full-term infants. *Cochrane Database Syst Rev.* 2011 Dec 7; (12): CD006462. doi: 10.1002/14651858.CD006462.pub2.
- Bergman NJ, Linley LL, Fawcus SR. Randomized controlled trial of skin-to-skin contact from birth versus conventional incubator for physiological stabilization in 1200-2199 gram newborns. *Acta Paediatr* 2004; 93: 779-785
- BFHI USA (2004). Overcoming Barriers to Implementing the Ten Steps to Successful Breastfeeding. Final Report
- BfR (2007). *Stillempfehlungen für die Säuglingszeit*, Berlin
- Blair PS. Putting co-sleeping into perspective. *J Pediatr (Rio J).* 2008 Mar-Apr; 84 (2): 99-101. doi:10.2223/JPED.1775.
- Blair PS, Sidebotham P, Evason-Coombe C, Edmonds M, Heckstall-Smith EM, Fleming P. Hazardous cosleeping environments and risk factors amenable to change: case-control study of SIDS in south west England. *BMJ.* 2009 Oct 13; 339:b3666. doi: 10.1136/bmj.b3666.
- Borrmann B, Cramer E, Steffens M. Stillberatung als wichtiger Teil der Schwangerenvorsorge. *Frauenarzt* 52 (2011) Nr. 9
- Brown A, Lee M. Breastfeeding during the first year promotes satiety responsiveness in children aged 18-24 months. *Pediatr Obes.* 2012 Oct; 7(5):382-90. doi: 10.1111/j.2047-6310.2012.00071.x. Epub 2012 Aug 21.

WHO/UNICEF-Initiative „Babyfreundlich“

Jan-Wellem-Str. 6, 51429 Bergisch Gladbach, Tel: 02204 404590 Fax: 02204 404592

E-Mail: info@babyfreundlich.org • Internet: www.babyfreundlich.org

Referenzen

- Brown A, Raynor P, Lee M. Maternal control of child-feeding during breast and formula feeding in the first 6 months post-partum. *J Hum Nutr Diet.* 2011 Apr;24(2):177-86. doi: 10.1111/j.1365-277X.2010.01145.x. Epub 2011 Feb 21.
- Bystrova K, Ivanova V, Edhborg M, Matthiesen AS, Ransjö-Arvidson AB, Mukhamedrakhimov R, Uvnäs-Moberg K, Widström AM. Early contact versus separation: effects on mother-infant interaction one year later. *Birth.* 2009 Jun; 36(2):97-109. doi: 10.1111/j.1523-536X.2009.00307.x..
- Bystrova K, Matthiesen AS, Vorontsov I, Widström AM, Ransjö-Arvidson AB, Uvnäs-Moberg K. Maternal axillar and breast temperature after giving birth: effects of delivery ward practices and relation to infant temperature. *Birth.* 2007 Dec;34(4):291-300.
- Bystrova K, Widström AM, Matthiesen AS, Ransjö-Arvidson AB, Welles-Nyström B, Wassberg C, Vorontsov I, Uvnäs-Moberg K. Skin-to-skin contact may reduce negative consequences of "the stress of being born": a study on temperature in newborn infants, subjected to different ward routines in St. Petersburg. *Acta Paediatr.* 2003;92(3):320-6.
- Cameron SL, Heath AL, Taylor RW. How feasible is Baby-led Weaning as an approach to infant feeding? A review of the evidence. *Nutrients.* 2012 Nov 2;4(11):1575-609. doi: 10.3390/nu4111575.
- Chen A, Rogan WJ. Breastfeeding and the Risk of Postneonatal Death in the United States. *Pediatrics* 2004;113;435-439, DOI: 10.1542/peds.113.5.e435
- Csont GL, Groth S, Hopkins P, Guillet R. An evidence-based approach to breastfeeding neonates at risk for hypoglycemia. *J Obstet Gynecol Neonatal Nurs.* 2014 Jan-Feb;43(1):71-81
- Davanzo R, Zauli G, Monasta L, Vecchi Brumatti L, Abate MV, Ventura G, Rimondi E, Secchiero P, Demarini S. Human colostrum and breast milk contain high levels of TNF-related apoptosis-inducing ligand (TRAIL). *J Hum Lact.* 2013 Feb;29(1):23-5. doi: 10.1177/0890334412441071. Epub 2012 Apr 23.
- Evans A, Marinelli KA, Taylor JS; Academy of Breastfeeding Medicine. ABM clinical protocol #2: Guidelines for hospital discharge of the breastfeeding term newborn and mother: "The going home protocol," revised 2014. *Breastfeed Med.* 2014 Jan-Feb;9(1):3-8
- Feldman-Winter L. The AAP Updates Its Policy on Breastfeeding and Reaches Consensus on Recommended Duration of Exclusive Breastfeeding. *J Hum Lact* 2012 28: 116, DOI: 10.1177/0890334412442826

WHO/UNICEF-Initiative „Babyfreundlich“

Jan-Wellem-Str. 6, 51429 Bergisch Gladbach, Tel: 02204 404590 Fax: 02204 404592

E-Mail: info@babyfreundlich.org • Internet: www.babyfreundlich.org

Referenzen

- Great Britain. Scientific Advisory Committee on Nutrition (2011). The influence of maternal, fetal and child nutrition on the development of chronic disease in later life, London
- Hörnell A, Aarts C, Kylberg E, Hofvander Y, Gebre-Medhin M. Breastfeeding patterns in exclusively breastfed infants: a longitudinal prospective study in Uppsala, Sweden. *Acta Paediatr.* 1999, Feb; 88 (2):203-11.
- Ip S, Chung M, Raman G, Trikalinos TA, Lau J. A summary of the Agency for Healthcare Research and Quality's evidence report on breastfeeding in developed countries. *Breastfeed Med.* 2009 Oct;4 Suppl 1:S17-30. doi: 10.1089/bfm.2009.0050.
- Islam MZ, Islam QR, Roy S, Akhter N, Hoque MM. Experience of early breast milk feeding in preterm very low birth weight infants. *Mymensingh Med J.* 2012 Apr;21(2):286-91.
- Kramer MS, Kakuma R. Optimal duration of exclusive breastfeeding. *Cochrane Database Syst Rev.* 2012 Aug 15;8:CD003517. doi: 10.1002/14651858.CD003517.pub2.
- Li R, Dee D, Li CM, Hoffman HJ, Grummer-Strawn LM. Breastfeeding and risk of infections at 6 years. *Pediatrics.* 2014 Sep;134 Suppl 1:S13-20
- Marcuzzi A, Vecchi Brumatti L, Caruso L, Copertino M, Davanzo R, Radillo O, Comar M, Monasta L. Presence of IL-9 in paired samples of human colostrum and transitional milk. *J Hum Lact.* 2013 Feb;29(1):26-31. doi: 10.1177/0890334412466958
- McNeil ME, Labbok MH, Abrahams SW. What are the Risks Associated with Formula Feeding? A Re-Analysis and Review. *BIRTH* 37:1 March 2010
- Mehler K, Wendrich D, Kissgen R., Roth B, Oberthuer A., Pillekamp F , Kribs A. Mothers seeing their VLBW infants within 3 h after birth are more likely to establish a secure attachment behavior: evidence of a sensitive period with preterm infants? *Journal of Perinatology* (2010), 1–7
- Moore ER, Anderson GC, Bergman N, Dowswell T. Early skin-to-skin contact for mothers and their healthy newborn infants. *Cochrane Database Syst Rev.* 2012 May 16;5:CD003519. doi: 10.1002/14651858.CD003519.pub3.
- Munch EM, Harris RA, Mohammad M, Benham AL, Pejerrey SM, Showalter L, Hu M, Shope CD, Maningat PD, Gunaratne PH, Haymond M, Aagaard K. Transcriptome Profiling of microRNA by Next-Gen Deep Sequencing Reveals Known and Novel miRNA Species in the Lipid Fraction of Human Breast Milk.

WHO/UNICEF-Initiative „Babyfreundlich“

Jan-Wellem-Str. 6, 51429 Bergisch Gladbach, Tel: 02204 404590 Fax: 02204 404592

E-Mail: info@babyfreundlich.org • Internet: www.babyfreundlich.org

Referenzen

- PLoS One. 2013;8(2):e50564. doi: 10.1371/journal.pone.0050564. Epub 2013 Feb 13.
- Nyqvist KH, Häggkvist AP, Hansen MN, Kylberg E, Frandsen AL, Maastrup R, Ezeonodo A, Hannula L, Haiek LN; Baby-Friendly Hospital Initiative Expert Group. Expansion of the baby-friendly hospital initiative ten steps to successful breastfeeding into neonatal intensive care: expert group recommendations. *J Hum Lact.* 2013 Aug;29(3):300-9
 - Oddy WH. Infant feeding and obesity risk in the child. *Breastfeed Rev.* 2012 Jul;20(2):7-12.
 - Parker M, Burnham L, Cook J, Sanchez E, Philipp BL, Merewood A. 10 years after baby-friendly designation: breastfeeding rates continue to increase in a US neonatal intensive care unit. *J Hum Lact.* 2013 Aug;29(3):354-8
 - Peroni DG, Chirumbolo S, Veneri D, Piacentini GL, Tenero L, Vella A, Ortolani R, Raffaelli R, Boner AL. Colostrum-derived B and T cells as an extra-lymphoid compartment of effector cell populations in humans. *J Matern Fetal Neonatal Med.* 2013 Jan;26(2):137-42. doi: 10.3109/14767058.2012.733744. Epub 2012 Oct 19.
 - Pribylova J, Krausova K, Kocourkova I, Rossmann P, Klimesova K, Kverka M, Tlaskalova-Hogenova H. Colostrum of healthy mothers contains broad spectrum of secretory IgA autoantibodies. *J Clin Immunol.* 2012 Dec;32(6):1372-80. doi: 10.1007/s10875-012-9733-9. Epub 2012 Jul 10.
 - Radillo O, Norcio A, Addobbati R, Zauli G. Presence of CTAK/CCL27, MCP-3/CCL7 and LIF in human colostrum and breast milk. *Cytokine.* 2013 Jan;61(1):26-8. doi: 10.1016/j.cyto.2012.09.001. Epub 2012 Oct 2.
 - Rasenack R et al. Einflussfaktoren auf die Stilldauer im Freiburger Geburtenkollektiv (FreiStill). *Geburtsh Frauenheilk* 2012; 72
 - Rasmussen KM, Kjolhede CL. Prepregnant overweight and obesity diminish the prolactin response to suckling in the first week postpartum. *Pediatrics.* 2004 May;113(5):e465-71..
 - Renfrew MJ, McCormick FM, Wade A, Quinn B, Dowswell T. Support for healthy breastfeeding mothers with healthy term babies. *Cochrane Database Syst Rev.* 2012 May 16;5:CD001141. doi: 10.1002/14651858.CD001141.pub4.
 - Reilly S, Reid J, Skeat J, Cahir P, Mei C, Bunik M; Academy of Breastfeeding Medicine. ABM clinical protocol #18: guidelines for breastfeeding infants with cleft lip, cleft palate, or cleft lip and palate, revised 2013. *Breastfeed Med.* 2013 Aug;8(4):349-53

WHO/UNICEF-Initiative „Babyfreundlich“

Jan-Wellem-Str. 6, 51429 Bergisch Gladbach, Tel: 02204 404590 Fax: 02204 404592

E-Mail: info@babyfreundlich.org • Internet: www.babyfreundlich.org

Referenzen

- Rinamann L, Banihashemi L Koehnle TJ: Early life experiences shapes the functional organization of stress-responsiv visceral circuits; *Physiol Behav* 2011, Sep 26;104(4):632-40 Epub 2011 Apr 13
- Rozé J-C, Darmaun D, Boquien C-Y, et al. The apparent breastfeeding paradox in very preterm infants: relationship between breast feeding, early weight gain and neurodevelopment based on results from two cohorts, EPIPAGE and LIFT. *BMJ Open* 2012;2:e000834. doi:10.1136/bmjopen-2012-000834
- Shah PS, Herbozo C, Aliwalas LL, Shah VS. Breastfeeding or breast milk for procedural pain in neonates. *Cochrane Database Syst Rev.* 2012 Dec 12;12:CD004950. doi: 10.1002/14651858.CD004950.pub3.
- Stuebe A. The Risks of Not Breastfeeding for Mothers and Infants. *Rev Obstet Gynecol.* 2009;2(4):222-231, DOI: 10.3909/riog0093
- UNICEF UK (2012): Preventing disease and saving resources: the potential contribution of increasing breastfeeding rates in the UK
- Vennemann MM, Bajanowski T, Brinkmann B, Jorch G, Yücesan K, Sauerland C, Mitchell EA; GeSID Study Group. Does breastfeeding reduce the risk of sudden infant death syndrome? *Pediatrics.* 2009 Mar;123(3):e406-10. doi: 10.1542/peds.2008-2145.
- WHO (1998): Evidence for the Ten Steps to Successful Breastfeeding, Genf
- WHO (2007): Evidence on the long-term effects of breastfeeding. Systematic Reviews and meta-analyses, Genf
- Wight N, Marinelli KA; Academy of Breastfeeding Medicine. ABM clinical protocol #1: guidelines for blood glucose monitoring and treatment of hypoglycemia in term and late-preterm neonates, revised 2014. *Breastfeed Med.* 2014 May;9(4):173-9
- Zielpatenschaft Stillförderung der Hamburgischen Arbeitsgemeinschaft für Gesundheitsförderung e.V.(HAG) (2009). *Hamburger Still-Empfehlungen.*

WHO/UNICEF-Initiative „Babyfreundlich“

Jan-Wellem-Str. 6, 51429 Bergisch Gladbach, Tel: 02204 404590 Fax: 02204 404592

E-Mail: info@babyfreundlich.org • Internet: www.babyfreundlich.org